

Dear 4-H member, As a 4-H member you get to take part in different activities. In this issue, you'll learn about some of the fun and interesting things that 4-H members have the opportunity to do! We hope you take advantage of the many opportunities! Sincerely, Kansas 4-H

Judging Contests

You may enjoy 4-H judging contests. Contests begin at the local level. If you win, you may go on to regional and state levels. State contests are held throughout the state, with some in Manhattan, Wichita or Hutchinson. Older members who compete on the state teams may go on to the national level. Some contests have age limits, so check with your 4-H leader to see which contests you may enter.

There are judging contests for horses, livestock, dairy, meats, and poultry. There are also contests for horticulture, life skills, and photography. Each contest has its own rules. In most of them, 4-H members judge a number of classes. A class is a group of animals or other items that fit into the same group. In the contest, judges rank the items or animals from best to worst. For example, a team member may judge and rank a class of four lambs or four pictures or flower samples. In some contests, members must tell why they put the animals or items in



Quiz Bowls

Quiz bowls are a good way to share what you know about livestock animals or horses. In the quiz bowls, there are questions about animal health, nutrition, and physiology. Responses are timed. Quiz bowls also take place at the county/unit, regional, and state levels. Older members who win on the state level may go on to compete nationally. Ask your leader for more info.

Public Presentations & Demonstrations

One of the most important skills that 4-H members can learn is speaking in front of a group. In 4-H, members have lots of chances to practice this skill. During 4-H meetings, you have probably watched members give a talk or demonstration. Soon it will be your turn to talk about one of your projects. It can be a little hard to do the very first time. It gets easier with practice.

Although not all talks given in 4-H will be competitive, members will be encouraged to give competitive talks at county 4-H Club Days, regional 4-H Days and perhaps at the Kansas State Fair. There are many types of public speaking to choose from. You can do a project talk, illustrated talk, demonstration, or public presentation. You can also try an extemporaneous speech or perform an original work, such as a poem or comedy routine that you have written. Sometimes two members can work on these speeches and demonstrations. Ask a friend to do one with you!

4-H Camp

Many 4-H members attend camps. They take part in educational and recreational experiences as they learn about nature and living with other people. Most importantly, 4-H'ers have fun at camp!

4-H Camp is typically for youth who have completed 2nd through 8th grades. This camp is held at the Rock Springs 4-H Camp Center, south of Junction City, KS. Older teens are also given the chance to serve as counselors to the younger campers. Activities include: hiking, fishing, campfires, flag ceremonies, swimming, crafts, recreation, and more! As your County Agent for more details about county's 4-H camp experience!

Other Camps

There are many other camping opportunities available to 4-H members. Day camps, photography camps, horse camps, space camps, and outdoor



adventures, just to name a few. Campers participate in games, crafts, meal preparation, and many other fun activities. Ask your community club leader or County Agent if interested in other camping opportunities.

Rocket Launch

If you are interested in flying or space, you can take part in the county-wide rocket launch. Many counties have their rocket launch in July at the fairgrounds. Build your own rocket according to the guidelines outlined in the fairbook...then watch it soar!



In 4-H, Learning Is Fun!

When you take part in these events, you learn and have fun at the same time. Judging contests teach you how to make decisions. They can also improve your observation skills. Quiz bowls teach you to think quickly, and you learn about many different subjects. Public speaking and demonstrations help you learn to express yourself in front of an audience. At 4-H camp, you learn new skills and make new friends. What do all of these activities have in common? They teach you skills you can use the rest of your life and they're fun to do!

*Originally written by University of Illinois 4-H Youth Development, College of Agriculture, Consumer and Environmental Science, University of Illinois Extension. Revised & adapted with permission December 2011.



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